

# DISABILITY CONFIDENT

LET'S GET THE BEST FROM EACH OTHER

MOBILITY

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You can stay standing to talk to me: there's no need to bend down. If we have a long conversation, let's both of us sit down.

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Don't try and move my wheelchair, unless I ask you to. Ever.

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If we go out for a meeting or drinks, keep in mind that I might not be able to take the same route or transport as you.

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When you are setting up a meeting, make sure that the set-up is accessible for me and that there is enough room for me to enter and turn.

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Don't use the accessible bathrooms if you don't need to.

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If you see me heading towards you in my wheelchair, don't panic or jump out of my way. I don't need that much room to pass you!

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Keep in mind to stay on the outside of the sidewalk/roadside so that I can move along the inside, where it is safer.

