

THE GUIDE TO LIFE SCIENCES

SECOND EDITION

Editors
Ingrid Vandenborre and Caroline Janssens

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Second Edition

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Publisher's Note

The intersection between life sciences innovation and antitrust oversight continues to be a busy and heavily scrutinised area. The past 12 months have seen a particular focus on big deals in the space, especially in the United States, while in Europe it is the issue of pricing – particularly negotiations with health authorities – that remains in the spotlight. As Caroline Janssens and Ingrid Vandenborre point out in their introduction, competition in the biosimilar space is a growing challenge, given that inherent features of such products can make it more difficult for healthy competition to thrive. Product denigration is another key area, with the European Commission having opened two separate investigations in the past year. Practical and timely guidance for both practitioners and enforcers trying to navigate this fast–moving environment is thus critical.

The second edition of the *Guide to Life Sciences* – published by Global Competition Review – provides this detailed analysis. It examines both the current state of law and direction of travel for those jurisdictions with the most impactful life sciences industries. The Guide draws on the expertise and experience of distinguished practitioners globally, and brings together unparalleled proficiency in the field to provide essential guidance on subjects as diverse as merger control and excessive pricing, as well as a forensic examination of the most significant and far-reaching regulations and decisions from around the world.

Introduction

Ingrid Vandenborre and Caroline Janssens¹

Welcome to the second edition of Global Competition Review's *Guide to Life Sciences*. In the past year, we have seen continued and sustained enforcement activity by antitrust authorities around the world in the life sciences space, with regard to a wide range of practices. Price increases, denigration of rivals' products, and delayed entry of generic and biosimilar medical products continue to attract scrutiny. We have also seen continued scrutiny of large transactions in life sciences, in particular in the United States (US) and in Europe, with a focus on deals' rationale, pipeline products, and the impact of mergers on non-horizontal business relations.

The pricing of medicines, pricing negotiations with health authorities, supply practices and unfair pricing remain an enforcement priority for antitrust authorities in the European Union (EU) and the United Kingdom (UK) and are likely to remain so in the years to come, despite economists highlighting the complexities around the enforcement of exploitative abuses of companies in a dominant position through excessive pricing. There have been several investigations into the pricing of certain off-patent medicines and orphan (rare disease) drugs at both the EU and Member State levels and in the UK. Most recently, antitrust authorities have also started investigating pricing practices relating to medicines with exclusivity rights, and innovative treatments. The number of stand-alone civil lawsuits brought before national courts in the EU for alleged unfair and excessive pricing practices for off-patent medicines and follow-on damages actions has risen as well in the UK. By contrast, while we have seen a recent push from academics in the US to acknowledge high (excessive) prices of pharmaceuticals as an antitrust violation, US courts have not yet recognised these claims.

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Biosimilar competition continues to receive growing attention from competition authorities across Europe. While antitrust scrutiny may help facilitate biosimilar market entry and uptake, inherent features of biological medicines, such as high costs and longer approval times, raise fundamental challenges in increasing biosimilar competition. In recent years, we have seen antitrust investigations in the UK, and in the EU, with the Netherlands leading the way, focusing on the impact of commercial practices adopted by incumbent suppliers on biosimilar competition, with a particular interest on pricing strategies, discount schemes and contract terms with hospitals. There have also been concerns in the US regarding strategies to delay biosimilar entry, through patent disputes and alleged product denigration.

Product denigration (or disparagement) behaviours in life sciences are attracting renewed scrutiny at the EU level. While these cases used to be rare, the European Commission (EC) opened two investigations into alleged disparaging practices in the pharmaceutical sector that are still ongoing. In contrast, there has been an abundance of investigations into product denigration at the EU Member State level, especially in France, Italy and Denmark. The French cases have progressively widened the definition of 'denigration', but a recent ruling from the court of appeal of Paris in the *Avastin* case clarified the legal test and also illustrated the difficulties for the French competition authority to characterise denigration as an abuse of a dominant position.

Cooperative agreements play an important role in the pharmaceutical industry, with companies partnering from early-stage research and development through to late-stage commercialisation. Most licensing and commercialisation agreements that companies enter into to create efficiencies should remain within the limits of competition law. The EU and the UK each recently released updated block exemption regulations and guidelines to help competitors collaborate in ways that do not breach the rules. Both frameworks introduce stricter rules on information exchange and the EU framework also reinforces the protection of innovation competition.

With regard to merger control, clearance processes for some pharmaceutical transactions are expected to become more uncertain. This is due to many countries broadening jurisdiction over acquisitions through flexible notification requirements and new theories of harm.

All of these trends and developments are reflected in the following chapters. Italy has been a front runner in antitrust enforcement in life sciences, with landmark cases on excessive pricing and product denigration influencing the EC's decisional practice. The Italian Competition Authority is likely to continue its enforcement efforts in this area in the future. The activity of the Authority in

merger control in recent years has been limited, but this could change with the Authority's new powers to review mergers falling below the national merger control thresholds, intended to catch acquisitions of nascent, innovative, target companies. Germany and Austria increased their scrutiny of innovation-driven markets with the introduction of alternative transaction value thresholds in 2017, designed to capture high-value/low-revenue deals. To date, the life sciences sector has not raised major competition law issues in Switzerland, under neither the cartels, abuse of dominance nor merger control rules. It remains to be seen whether recent and ongoing regulatory changes, as well as mutual market access concerns with the EU, will lead to a different competitive environment in the near future.

In the UK, the Competition and Markets Authority (CMA) continues to regard the life sciences sector as an enforcement priority, both from an antitrust and merger control angle. With regard to merger control, recent cases have illustrated the CMA's willingness to push the limits of jurisdictional rules and intervene in deals in dynamic, innovation–driven sectors where target companies have limited (or no) revenues or direct activity in the UK. Also, Brexit has created heightened risks of parallel conduct investigations and merger reviews in the EU and UK, in some cases leading to different views on theories of harms or fact patterns. When enacted, the Digital Markets, Competition and Consumers Bill introduced on 25 April 2023 may have significant impact, including on the life sciences sector, through the strengthening of the CMA's investigative powers, and new powers for the authority to review acquisition of innovative market disruptor targets under proposed new jurisdictional thresholds.

In the US, recent merger enforcement in the pharmaceutical sector continues to follow traditional principles and reasoning. However, the Federal Trade Commission (FTC) is expected to adopt more aggressive theories of harm. Recent behavioural enforcement has largely consisted of pay-for-delay litigation and continuing prosecution of price-fixing charges against generic manufacturers. However, the FTC has given strong indications that it has competitive concerns with fees and rebates paid by pharmaceutical manufacturers to pharmacy benefit managers, which is likely to lead to new fronts of enforcement.

Lastly, in Australia, there have been some important regulatory developments affecting the life sciences sector and the Australian Competition and Consumer Commission (ACCC) has taken some significant cases against companies in this sector in recent years. The ACCC has also called for significant reforms to Australia's merger control law. If enacted, these proposed reforms will be highly relevant to dealmaking in the life sciences sector.

CHAPTER 4

FCA Product Denigration Decisions and Their Impact in Europe

Marta Giner Asins and Arnaud Sanz¹

Overview

Denigration cases in the life sciences area have been rare in the EU as well as worldwide, and in most cases the denigration behaviour is combined with other infringements, such as abuse of administrative procedures or product hopping (such as in the *Suboxone* case).² It seems that to constitute an infringement by itself, denigration has to meet a strict standard that is rare in practice.

However, since the early 2010s, the French Competition Authority (FCA) has undertaken a number of cases that have progressively widened the definition of denigration to the point of becoming a major compliance burden for companies. This trend is manifest in various decisional aspects:

• as mentioned above, in early cases, denigration was a 'support' measure included as part of a wider anti-generic strategy (*Subutex*),³ whereas it was considered as a stand-alone practice in other decisions (*Plavix*);⁴

¹ Marta Giner Asins is a partner and Arnaud Sanz is counsel at Norton Rose Fulbright LLP.

² US Department of Justice, press release, 11 July 2019, 'Justice Department Obtains \$1.4 Billion from Reckitt Benckiser Group in Largest Recovery in a Case Concerning an Opioid Drug in United States History', www.justice.gov/opa/pr/justice-department-obtains-14-billion-reckitt-benckiser-group-largest-recovery-case.

French Competition Authority (FCA) Decision No. 13-D-21, 18 December 2013, *Subutex* (confirmed by Paris Court of Appeal, No. 2014/03330, 26 March 2015 and French Supreme Court, No. 15-17.134, 11 January 2017).

⁴ FCA Decision No. 13-D-11, 14 May 2013, *Plavix* (confirmed by Paris Court of Appeal, No. 2013/12370, 18 December 2014 and French Supreme Court, No. 15-10.384, 18 October 2016).

- the definition of denigration itself has been extended to include expressly denigrating messages (*Janssen*)⁵ as well as 'implied' denigration (i.e., focusing on communications with healthcare professionals (HCPs) concerning the differences between the originator drug and generics, which could have a misleading effect); HCPs may interpret these differences as meaning the originator drug is superior to the generics. For example, in *Plavix*, the originator's messages highlighted the fact that the generics used a different component; although not expressly mentioned, the FCA considered that the focus on this difference suggested the existence of a qualitative difference. This trend takes the focus away from the truthfulness of declarations as even truthful statements may be considered misleading;
- denigration was traditionally analysed under the prohibition of abuse of dominant position (*AstraZeneca*)⁶ but the FCA has also approached it as an anticompetitive agreement and even as an abuse of collective dominant position (*Roche Novartis*);⁷ it appears that if the FCA identifies a behaviour as being questionable, it will adapt its approach to catch it, particularly if it encounters difficulties in proving the existence of a dominant position. This implies that all pharma companies should carefully monitor their communications, and not only those holding a dominant position; and
- particularly noteworthy, denigration concerns not only commercial communications with HCPs but also contact with the administrative authorities. Whereas traditionally, lobbying towards administrative authorities was rarely considered as abusive, in the most recent French decisions the same strict standard was applied to communications with both HCPs and administrative authorities (*Roche Novartis*); communication should not only be truthful, but also objective, measured and not devoid of legal basis. This strict standard departs from the approach taken in other jurisdictions, such as the US in analysis of sham citizen petitions.

FCA Decision No. 17-D-25, 20 December 2017, Janssen-Cilag (Durogesic) (Janssen-Cilag) (confirmed by Paris Court of Appeal, No. 18/01945, 11 July 2019 and French Supreme Court, No. 19-20.999, 1 June 2022).

⁶ European Court of Justice (ECJ), C-457/10 P, 6 December 2012, AstraZeneca v. Commission.

⁷ FCA Decision No. 20-D-11, 9 September 2020, *Roche Novartis (Avastin/Lucentis)* (FCA, *Roche Novartis*), appeal pending.

⁸ See, for example, European Court of First Instance, T-25/95, 15 March 2000, *Cimenteries CBR e.a. v. Commission*, 2000, II-00491, point 417; and Commission decision, 30 November 1994, *Cement*, Cases Nos. IV/33.126 and 33.322, footnote 115. See also FCA Opinion No. 21-A-05, 29 April 2021 on the sector of new technologies applied to payment activities, Section 386.

It is important to underline a key trend, considering its impact in terms of compliance: the narrow approach defined by the FCA seems to apply to all communications with authorities and not only to cases in which the parties used allegedly denigrating messages. The French cases have widened not only the definition of denigration, but also, more generally, the standard applicable to relations with authorities, by referring to cases such as *AstraZeneca*⁹ in which there was no denigration and extending their scope. The French Supreme Court has clearly indicated that the simple fact of intervening in the decision process of a public authority may be considered as an abuse.¹⁰

However, the Paris Court of Appeal, which recently overturned the FCA decision in the *Roche Novartis* case, ¹¹ has set some limits to the seemingly unstoppable expansion of the denigration concept. In a much-commented-on landmark decision, the court has reminded that all communications, including those addressed to public authorities, are protected by freedom of speech. The constitutional and fundamental nature of this principle requires a strict and limited interpretation of any exception to it. Therefore, the court concludes that Novartis and Roche's speech was not abusive, since it:

- was part of a 'general interest debate';
- relied on a 'sufficient factual base': this allows communications based on uncertain facts, if these are sufficiently established to allow an informed opinion; and
- was expressed in a measured tone.

Another important development was introduced by the recent decision in the *Luxottica* case, ¹² in which the FCA adopted a pragmatic and measured approach by concluding that Luxottica's behaviour did not amount to abusive denigration, essentially because the spread messages were not part of a 'pre-established communication plan', but rather 'isolated statements'. It remains to be seen whether this was a one-off decision or if the FCA intends to follow this more nuanced approach in the future.

⁹ T-321/05, AstraZeneca.

¹⁰ French Supreme Court, Decision No. 19-20.999, 1 June 2022, Section 30.

¹¹ Paris Court of Appeal, Roche Novartis, Section 450.

¹² FCA Decision No. 22-D-16, 6 October 2022, Optical glass sector, in particular Sections 685 and 686.

The French focus on denigration is not limited to life sciences: the FCA has adopted denigration decisions in other areas, such as electricity, telecommunication and phone services, ¹³ and the French courts have developed a strong corpus of judgments in the unfair competition area, which have provided a supporting background for the FCA's wide definition of denigration.

However, it appears that the approach adopted in the life sciences sector is particularly strict: in all the pharma decisions, the FCA has mentioned a recurring element of context (i.e., the fact that HCPs present a particularly high aversion to risk (*Janssen*, *Plavix*), which, according to the FCA, also exists for health authorities (*Roche Novartis*)). In the FCA's view, this seems to justify the application of a specifically high standard of care in pharma companies' communication practices, more so than in other industries. In addition, the FCA considers that public health authorities depend, to a large extent, on the information communicated by HCPs, as well as by pharma companies, ¹⁴ to accomplish their missions, thus imposing additional responsibility on these companies. However, the Paris Court of Appeal has also brought some perspective to this approach in its *Roche Novartis* decision, by stating that a reference to the potential doctors' liability was not abusive given that it was 'part of the general interest debate'. ¹⁵

The FCA's increasingly wide definition of denigration in the life sciences area seems to have opened the door to cases initiated by other national competition authorities, such as the *Falck* case¹⁶ in Denmark and the *Roche Novartis* case in Italy, which targeted facts similar to those sanctioned in the French *Roche Novartis* decision. In this case, the Italian Supreme Administrative Court sent a request for a preliminary ruling to the European Court of Justice (ECJ), which took the view that:

the dissemination, in a context of scientific uncertainty, to the [European Medicines Agency], healthcare professionals and the general public of misleading information relating to adverse reactions resulting from the use of one of those products for the

¹³ FCA Decision No. 09-D-14, 25 March 2009, Gaz Electricité de Grenoble and Poweo, Sections 57-58 (confirmed by Paris Court of Appeal, No. 2009/09599, 23 March 2010); FCA Decision No. 10-D-32, 16 November 2010, Canal Plus, Vivendi, TF1 and Lagardère, Section 305; and FCA Decision No. 07-D-33, 15 October 2007, France Télécom.

¹⁴ FCA, Roche Novartis, Section 768.

¹⁵ See footnote 12.

¹⁶ Danish Competition and Consumer Authority, press release, 30 January 2019, 'Falck has abused its dominant position by excluding BIOS from the Danish market for ambulance services', www.en.kfst.dk/nyheder/kfst/english/decisions/20190130-falck-has-abused-its-dominant-position-by-excluding-bios-from-the-danish-market-for-ambulance-services/.

treatment of diseases not covered by the [marketing authorisation] for that product, with a view to reducing the competitive pressure resulting from such use on the use of the other medicinal product, constitutes a restriction of competition 'by object' for the purposes of that provision.¹⁷

Although this was a preliminary ruling, and therefore no factual analysis was carried out, the European Commission may have interpreted it as encouragement to open two recent denigration investigations:

- the *Teva Copaxone* investigation, ¹⁸ which targeted a potential abuse of patent filing procedures, paired with a denigrating campaign; and
- the *Vifor* investigation, ¹⁹ which appears to target denigration as a stand-alone practice. This case is also interesting in that it does not target the practices of a dominant company, but assesses denigration within the context of a dispute between two competitors.

The coming year will be enlightening in terms of the definition of denigration, and key elements will likely result from the above Commission investigations as well as the Supreme Court decision in the French *Roche Novartis* case.

This chapter focuses on:

- what constitutes abusive denigration in communications with HCPs;
- the standard applied to relations with public authorities; and
- a few practical recommendations for pharma companies.

Abusive denigration in communications with HCPs

The most detailed presentation of what constitutes product denigration in communications with HCPs can be found in the French *Roche Novartis* case. Even though this decision has been overturned in appeal, it summarises the principles contained in previous decisions. Although these should be assessed in light of the fundamental freedom of speech principle, they are still to be taken into account when assessing a communication message.

¹⁷ ECJ, C-179/16, Roche Novartis (ECJ, Roche Novartis), Section 95.

¹⁸ European Commission press release, 'Antitrust: Commission opens formal investigation into possible anticompetitive conduct of Teva in relation to a blockbuster multiple sclerosis medicine', 4 March 2021, https://ec.europa.eu/commission/presscorner/detail/en/ip_21_1022.

¹⁹ European Commission press release, 'Antitrust: Commission opens investigation into possible anticompetitive disparagement by Vifor Pharma of iron medicine', 20 June 2022, https://ec.europa.eu/commission/presscorner/detail/en/ip_22_3882.

The factual framework in this case was more complex than a straightforward anti-generic strategy such as those targeted in *Subutex*, *Plavix* and *Janssen*. In *Roche Novartis*, Genentech had developed two products: Avastin, marketed in the oncology area but found to have positive effects for age-related macular degeneration (AMD), although it had no marketing authorisation (MA) for the treatment of AMD, and Lucentis, used for ophthalmic diseases such as AMD. For various reasons, Lucentis was sold at a much higher price than Avastin, and due to this price difference, certain doctors used Avastin, off-label, in the ophthalmic area.

In the context of the scientific community being uncertain of the potential risks of this off-label use, Novartis developed a communication campaign aimed at reducing this usage, directed at HCPs, particularly key opinion leaders (KOLs). To conclude that this communication campaign was denigrating and abusive, the FCA focused on certain contextual elements, as well as the content and anticipated effects of the communication.

The following paragraphs: summarise these contextual elements as they provide a useful benchmark for the context in which a company needs to be particularly careful about its communications; and analyse the content of messages to identify what may constitute an abusive statement.

Main contextual elements

The *Roche Novartis* decision (as well as previous FCA rulings) mentions certain contextual elements that were not, strictly speaking, part of the infringement itself. However, they illustrate situations in which an abuse is more likely to be identified.

Commercial purpose of the campaign

The FCA analysed a large amount of internal documents that, in its opinion, showed that Novartis saw the off-label use of Avastin as a commercial threat and developed a self-defence strategy, in the same way that, in other cases, originator companies have tried to protect themselves from generic penetration. The FCA highlighted that Novartis' campaign differed from mere criticism in that it was implemented by an economic operator aiming at obtaining a competitive advantage.

The commercial objective of the communication is only a preliminary element and not sufficient in itself: a dominant undertaking has, in principle, the right to try to preserve its position on the market using competition on the merits (e.g., if it bases its communication on the objective advantages of its product, without

comparative or denigrating elements). But the FCA considered that the existence of a commercial purpose excludes any purely scientific or cautionary explanation provided by Novartis.

This reasoning is consistent with other FCA decisions, which all refer to the concept of competition on the merits.²⁰ Internal documents presenting a global defence strategy are not problematic in themselves; however, they may be used to prove that all adopted measures had a commercial objective, and, therefore, that the communications could not be justified by a scientific reason.²¹

Therefore, it is important for pharma companies to monitor the way in which defence strategies and communication campaigns are presented internally and to avoid any exaggerated language.

HCPs' fear of risk

In all pharma product denigration decisions to date, the FCA has referred to HCPs' high fear of risk. Because of this particularity of the life sciences sector, pharma companies must be particularly cautious in their communications.

This general statement appears questionable, particularly in the *Roche Novartis* case, in which the whole problem resulted from doctors' practice of using Avastin off-label, which did not particularly reflect a high aversion to risk. In addition, it is difficult to understand why pharma companies are not considered to share the same aversion to risk, which may lead them to express legitimate concerns not incompatible with commercial purposes. This seems indeed to be the position adopted by the Paris Court of appeal in its decision overturning the FCA decision. However, despite these weaknesses, this element has consistently been retained by the FCA and other authorities in their decisions, and compliance policies need to take it into account. In this respect, the upcoming Supreme Court decision in the *Roche Novartis* case will probably provide useful guidance in this respect.

Link between denigration and dominance

Although the FCA consistently states that denigration may only be found abusive if it is related to a company's dominant position,²² the demonstration of this link is rather weak and seems to be presumed. The FCA takes the view that if a dominant company implements a denigration campaign, this will necessarily have an

²⁰ FCA Decision No. 09-D-28, 31 July 2009, Interim measures, *Janssen-Cilag*, Section 105 (*Janssen* interim measures).

²¹ For example, FCA Decision No. 17-D-25, 20 December 2017, Janssen-Cilag, Section 124.

²² FCA, Roche Novartis, Section 771.

impact on the market due to the reputation and privileged relationship of the company with stakeholders.²³ From a practical point of view, companies should be cautious of how they present themselves in certain communications, and should avoid describing themselves as enjoying a unique or privileged position, or reputation, in the market.

Global and structured nature of the campaign

All FCA denigration decisions emphasise the fact that the sanctioned companies had not implemented isolated communications but had carried out wide and structured communication campaigns. A global communication campaign does not constitute an infringement if its content is not denigrating, but the wide nature of the campaign seems to be taken into account as an aggravating element supporting a violation.

It is also interesting to note that the analysis of communication campaigns has evolved: in *Subutex*, the FCA made a relatively clear distinction between the measures that were abusive and those that were not (such as the switch to direct sales that accompanied the communication efforts). In *Janssen* and *Roche Novartis*, this distinction is less clear or sometimes non-existent. In the latter two cases, the FCA mixes denigrating messages and legitimate measures, blurring the line between the two, and making it difficult to use these decisions as practical guidance.

The *Luxottica* decision brings an essential clarification in this respect: the FCA underlines that the global nature of the campaign is not a mere element of context, but a constitutive element of the potential abuse: isolated statements are not to be considered abusive if they are not part of an organised campaign. This confirms the importance of internal documents and the way in which they present communication plans.

Timing

The timing element is frequently taken into account to demonstrate the anticompetitive nature of conduct, and FCA denigration cases are no exception. In *Subutex*,²⁴ *Janssen*²⁵ and *Plavix*,²⁶ the FCA noted that the communication campaigns were implemented just before the arrival of generics. This timing

²³ id., Section 779.

²⁴ Section 76 et seq.

²⁵ Section 253.

²⁶ Section 440.

element is also taken into account in the *Roche Novartis* decision, although it is not an anti-generic case: the FCA considers that any threat may trigger anticompetitive conduct, and it paid particular attention to communications launched when the French government announced that it would study the possibility of allowing the off-label use of Avastin.²⁷

Legitimacy to communicate

In *Roche Novartis*, communications with HCPs were essentially implemented by Novartis (contrary to communications with the authorities, which, according to the FCA, were implemented by both Roche and Novartis). The decision points to the fact that Novartis was not the MA holder, and therefore it was not its role to carry out pharmacovigilance tasks, which were the sole responsibility of Roche.²⁸ This element, which is interpreted as proof that Novartis had no reason to communicate with HCPs other than to protect its position, is also mentioned by the ECJ in its preliminary ruling in the parallel Italian case.²⁹ Therefore, before implementing a communication campaign, a company should reflect on its role and whether it is entitled to communicate.

Scientific uncertainty

It is interesting to note that the ECJ seems to consider that scientific uncertainty, which was referred to by the defendants as justifying communication actions, is in fact an aggravating circumstance.³⁰ The FCA considers that, in an uncertain context, pharma companies need to be particularly careful, thus confirming the reinforced standard applicable to these companies.

However, the Paris Court of appeal, while not contradicting this approach, has nuanced it, by reminding that a declaration is not abusive if, among others, it is part of a 'general interest debate', since in that case it constitutes the exercise of the freedom of speech right. Given that public debates generally take place in uncertain contexts, this approach seems to tone down the strict approach adopted by the ECJ. Of course, the Paris Court of appeal being a lower court, the future decision of the Supreme Court in this case will be key.

²⁷ FCA, Roche Novartis, Section 470.

²⁸ id., Section 798.

²⁹ ECJ, Roche Novartis, Section 91.

³⁰ id., Section 95.

Message content

The general principle, as the ECJ pointed out, seems quite simple: companies should avoid misleading messages.³¹ However, the FCA applies a very strict standard to the application of this principle.

The first step of the analysis is to check whether statements are objective or whether they are based on unchecked assertions. In *Roche Novartis*, the FCA maintained that available scientific elements were insufficient to identify a risk resulting from the off-label use of Avastin.³²

This may be interpreted as meaning that a factually correct statement could not be considered as abusive, but that is not the case. In addition, the message should not be capable of raising doubt, particularly by focusing on differences, even if these are real:

the Authority considers that, if it is perfectly permissible for a pharma company to underline the objective qualities of its product, the fact of underlining not only its qualities, but also certain differences, which in the context of the language used and the conditions in which it is received, can only be understood as essential differences, capable of raising an objective doubt on the qualities of competing generic products, or on the risks associated with substitution, can evidence the will to mislead the practitioner.³³

According to the FCA, Novartis had tried to suggest a link between the differences in the products and the potential risks,³⁴ a link that had not been scientifically demonstrated.

This focus on differences was also considered problematic in two earlier cases:

• in *Janssen*, a table comparing certain objective elements, such as the quantities of active pharmaceutical ingredient in the different generic products, was considered to be capable of raising doubts about the effectiveness of the generics. Also, the fact that specific warnings had been introduced in the generics registry by health authorities, and insisting on the fact that it was the first time that these warnings were introduced for a generic in France, was considered denigrating;³⁵ and

³¹ ibid.

³² FCA, Roche Novartis, Sections 803-804.

³³ id., Section 773.

³⁴ id., Section 806.

³⁵ Janssen-Cilag, Section 262.

• in *Plavix*, the references to the use of a different excipient by the generics was considered as establishing a link between two independent elements: on one hand, qualitative and quantitative differences between Janssen's product and generic products; and on the other hand, supposed consequences for patient security arising from these differences.³⁶ This link allegedly aimed at raising doubts as to safety issues related to generic substitution.

One of the main differences between these two cases is that in *Janssen* the bioequivalence seemed to be expressly challenged ('generics unlike the others'),³⁷ whereas in *Plavix*, the standard was pushed one step further, by considering that even an implied challenge of bioequivalence was abusive. This raises particular difficulties for compliance in practice, as sales teams cannot refer to objective differences even if they believe them to be legitimate.

The use of any exaggeration or aggressive language is also proscribed: the FCA's *Roche Novartis* decision underlines that all messages need not only be objective but also measured:

the presentation by Novartis in its communication of the potential causes of the risks associated with the use of Avastin, opposed to the certainty about the safety of Lucentis, was not expressed with sufficient measure, given the scientific context in which the communication occurred.³⁸

This notion of 'measured' communication, which is key in the FCA reasoning, goes far beyond the truthfulness of information and may raise interpretation difficulties in practice, considering it is not entirely devoid of subjectivity.

The communication of incomplete or partial information is also identified as a denigrating characteristic. For example, in *Roche Novartis*, the companies made a broad reference to a change of summary of product characteristics when the authorities had not changed the 'adverse reactions' section, but had only issued 'special warnings and precautions for use'.³⁹ According to the FCA, this proved that Novartis had selected the information that served its arguments.⁴⁰

³⁶ id., Section 243.

³⁷ ibid.

³⁸ FCA, Roche Novartis, Section 811.

³⁹ ECJ, Roche Novartis, Section 92.

⁴⁰ id., Section 813.

A very important factor taken into account by the FCA in the identification of denigrating messages is the fact that they focus on patient risk and HCPs' professional and criminal liability. The *Roche Novartis* decision provides numerous examples of this: for example, a warning included in a Q&A document for use by the sales force, mentioning that 'the doctor may be found liable from a civil, criminal, administrative and disciplinary point of view'.⁴¹

Similar elements are also identified in previous decisions,⁴² sometimes in addition to a reference to the patient's 'suffering'.⁴³

Certain decisions have also condemned references to the geographical origin of generics when linked to a fear message, particularly where potential issues in the manufacturing conditions were implied (e.g., sources of supply in countries outside the European Union that were suggested as failing to offer quality guarantees, 'such as Asian countries').⁴⁴

As regards communications referring to warnings or recommendations by authorities, the FCA has sanctioned communications that went beyond the strict scope of these. 45

These different factors result in a wide definition of denigration, which contrasts with the approach taken in the US *Suboxone* case,⁴⁶ in which Reckitt Benckiser was accused of providing 'false' information to HCPs. The complex analysis applied by the French FCA goes far beyond the mere truthfulness of the disseminated information.

Real or expected effects of communications

In all decisions, the FCA analyses the potential effects of communication campaigns, which may seem surprising given that denigration is considered to be a by-object infringement, meaning that the demonstration of effects is not strictly necessary. ⁴⁷ However, the FCA appears to review the possible or expected effects as part of the by-object definition and seeks to prove that the disseminated messages were capable of having an effect. In this respect, several elements are taken into account, such as the wide nature of the campaign or the fact that it was focused on strategic HCPs, such as KOLs.

⁴¹ FCA, Roche Novartis, Section 287.

⁴² Janssen-Cilag, Section 161.

⁴³ id., Section 187.

⁴⁴ id., Section 206.

⁴⁵ id., Section 276.

⁴⁶ See footnote 2.

⁴⁷ ECJ, Roche Novartis, Section 95.

However, this analysis of effects remains cursory, as reflected in the *Roche Novartis* decision; for example, the FCA mentions the impact of the actions on competing products' sales volumes although this analysis is limited to Novartis' internal documents referring to successful communication actions ('situation solved' in a number of hospitals)⁴⁸ – there is no economic analysis of the real impact on sales values. Similarly, a market share analysis is only based on Novartis' internal estimates.⁴⁹ HCP statements against the use of Avastin are considered as proof that Novartis' communication measures were effective, even if no direct link is demonstrated, only presumed. The FCA does not seem to take into account the possibility that HCPs may have expressed their own convictions, and disregards HCPs' statements declaring that they were not influenced by Novartis' communication.⁵⁰

Relations with authorities

The standard used to identify denigrating messages in relations with authorities has also seen an important evolution.

Initial approach: pre-MA lobbying is rarely abusive

The EU *AstraZeneca* case is not strictly considered as a denigration case because it did not feature a communication campaign as such. However, it is a useful reference as it analysed the deliberate provision of misleading information to public authorities to obtain extended protection for intellectual property rights. It contains two elements that are of particular interest for subsequent denigration cases:

- the fact that providing misleading information to authorities may constitute an abuse, which is the principle subsequently developed in denigration cases; and
- the decision insists on the fact that the misleading nature of the information must be analysed *in concreto*. In that respect, it refers to the importance of analysing the scope of the targeted authorities' mission and powers: 'the limited discretion of public authorities or the absence of any obligation on their part to verify the accuracy or veracity of the information provided may

⁴⁸ FCA, Roche Novartis, Section 1031 et seg.

⁴⁹ id., Section 730.

⁵⁰ id., Section 749 et seq.

be relevant factors to be taken into consideration for the purposes of determining whether the practice in question is liable to raise regulatory obstacles to competition'.⁵¹

Therefore, this decision seems to suggest a different standard when the targeted authorities are in charge of checking the information communicated to them. This may explain the fact that lobbying activities have rarely in the past been considered as constituting a competition infringement as such.

This approach was also initially followed by the FCA in the *Janssen* interim measures decision, which established a clear distinction between the pre-MA lobbying activities and the communication campaign targeting HCPs:

these contacts have been made before the product was marketed, during the course of the regulatory phase with the [French Agency for the Safety of Health Products], which is a public authority and has the competence and expertise necessary to evaluate the bioequivalence of a generic, and the risks that may result from the substitution of the originator drug by a generic. Therefore, the [FCA] is not competent to assess the terms of implementation by this health product safety authority, of its public power prerogatives.⁵²

This logic is in line with US decisions concerning the abuse of citizen petitions. US law allows individuals to express to the Federal Drugs Agency concerns about the safety of a product any time before, or after, its market entry: on this basis, any person or entity, including a pharmaceutical company, may file a citizen petition expressing concerns about the approval of a generic. It has been frequently highlighted that these citizen petitions have the potential to delay or impede competition (e.g., if a company implements a strategy of filing baseless petitions with the intent of delaying generic entry).

In principle, this process is protected by the *Noerr-Pennington* doctrine, which 'generally immunizes efforts to petition the government from antitrust liability. The doctrine is based on the premise that third parties should be able to exercise their First Amendment right to petition the government without penalty.'53

⁵¹ T-321/05, AstraZeneca, Section 357. This paragraph is expressly cited in the FCA Roche Novartis decision (Section 919) but the FCA does not draw any conclusions from it.

⁵² Janssen interim measures, Section 115.

⁵³ Seth C Silber, Jonathan Lutinski and Rachel Taylon, 'Abuse of the FDA Citizen Petition Process: Ripe for Antitrust Challenge?', *Antitrust Health Care Chronicle*, January 2012.

However, there are exceptions to this doctrine, particularly when petitions are a sham, clearly intended to interfere with the activities of a competitor. This appears to be the case in the *Suboxone* case, in which Reckitt Benckiser was accused of filing a sham citizen petition, based on 'false data'.⁵⁴

This approach, which targets clearly false allegations, seems to be confirmed by the US Food and Drug Administration's guidance on citizen petitions, which has listed a number of considerations that may suggest that a petition is a sham. This includes the fact that it has been submitted 'with little or no data or information in support of the scientific positions set forth in the petition'. 55

A clear line seems to emerge from these elements: when authorities are not responsible for checking the information submitted to them, the companies providing the information must be subject to the highest standard, and any attempt to divert the process may be abusive. This does not mean that when authorities have the duty and the means to check the information, false or misleading statements are allowed: but the standard is lower, and only clearly baseless actions may be sanctioned as an abuse.

However, this distinction was blurred in the *Janssen* decision on the merits and entirely disappeared in *Roche Novartis*.

Janssen and Roche Novartis: a step too far?

The ECJ's preliminary ruling in *Roche Novartis* confirmed the principle according to which information provided to authorities must not be misleading. The decision does not refer to national authorities, only to the European Medicines Agency, but it seems reasonable to extend this principle and consider that companies should not disseminate misleading information in their relations with stakeholders or authorities.

However, the *Janssen* and *Roche Novartis* decisions might go too far in that they apply the same standard for what constitutes misleading information no matter who is on the receiving end: HCPs or public authorities entrusted with the mission of verifying the information submitted to them. In this respect, it is significant to note that both decisions refer, in the same terms, to the fear of risk of both HCPs and public authorities.⁵⁶

⁵⁴ US Department of Justice, press release; see footnote 2.

⁵⁵ US Department of Health and Human Services, Food and Drug Administration, Citizen Petitions and Petitions for Stay of Action Subject to Section 505(q) of the Federal Food, Drug, and Cosmetic Act, Guidance for Industry, September 2019, Section F, www.fda.gov/media/130878/download.

⁵⁶ Janssen-Cilag, Section 414 et seg.; FCA, Roche Novartis, Section 761 et seg.

In *Janssen*, to demonstrate the existence of an abuse, the FCA took into account the fact that the originator company contacted an authority that was not competent, as it did not have the power to refuse an MA. The FCA relies on the fact that the European Commission had already granted the MA and that the margin of intervention of the French authorities was very limited, although, de facto, it could result in the generic entry being delayed. Therefore, Janssen's intervention was 'legally unfounded',⁵⁷ in that it aimed at convincing an authority to adopt a decision it could not and ought not to adopt.⁵⁸

The decision even insists on the fact that there was 'no doubt'⁵⁹ that the French authorities were obliged to grant an MA once it had been granted by the European Commission. This highlights one of the most unsettling elements of the decision: if there was no doubt, it is difficult to understand how Janssen's behaviour could have any effect on the authorities' decision. However, this point has been confirmed by the French Supreme Court: the mere fact of raising an unfounded debate with an authority may constitute an abuse.⁶⁰

Even more surprisingly, in *Roche Novartis*, the FCA concluded that the companies' actions affected the pricing decisions of the French public authorities. On the basis of a summary analysis, the FCA explained that the communication campaign had an indirect effect on price because the pricing authorities could not take Avastin as a comparison product to negotiate a price reduction for Lucentis.⁶¹

In the FCA's view, this justified the application of the 'objective and measured' standard to any information communicated to authorities, thus departing from the approach taken in the *AstraZeneca* case and in the *Janssen* interim measures case. This approach is also much stricter than the one followed by the US authorities in which lobbying is only considered as an abuse of dominant position in cases in which an abuse is manifest (e.g., where false information has been willingly provided). Elements such as the tone used may be relevant in communications with HCPs but it seems surprising to take these into consideration when assessing communications with public authorities endowed with extensive powers.

This highlights one of the main weaknesses of the *Roche Novartis* case: the whole issue arose from a significant price differential between two products, and in that respect it is important to remember that prices are regulated. The case seems to underline a deficiency in pricing rules or in the way in which they were

⁵⁷ Janssen-Cilag, Section 439.

⁵⁸ id., Section 513.

⁵⁹ id., Section 448.

⁶⁰ French Supreme Court, Decision No. 19-20.999, 1 June 2022, Section 23.

⁶¹ FCA, Roche Novartis, Sections 873-888.

applied by authorities, rather than purely anticompetitive behaviour. The FCA analyses the behaviour of pricing authorities as if they were any other buyer, when in reality they have the regulatory power to define the price. To assume that these powers are reduced in the presence of a monopoly is not realistic. In particular, pricing authorities could act against a monopolist that endeavoured to compel them to grant a certain price by threatening to refuse to supply its products as refusal to supply is also considered as an abuse of dominant position. This aspect has not been dealt with in detail in the Paris Court of appeal decision, which nevertheless has overall reverted to a more realistic standard of communication with authorities.

In *Janssen*, the Supreme Court ruled, as a general principle, that even if health authorities enjoy exclusive decisional power, pharma companies should not go beyond making scientific recommendations on the modalities of originator-generic substitution. This standard appears quite strict to meet in practice (e.g., pharma companies are allowed to discuss the risks of substitution with health authorities, but in doing so, cannot raise any doubts as to the generic status of a drug, even where the health authorities themselves have reserved their position on whether to add the drug to the generics register).⁶²

A few practical recommendations

Given the very strict standards developed by the FCA, which have recently been adopted by other national authorities, and which may also be followed by the Commission in its ongoing investigations, it may be difficult to define a safe course of action from a practical point of view. A few key elements should be kept in mind:

- keep messages objective and the tone neutral;
- the main recommendation is to avoid any 'fear message' in communications with all stakeholders and authorities. Any element related to risk must be presented in an objective and measured manner;
- be careful about timing: certain actions are to be reviewed in a particularly strict manner if, for example, a new competitor is about to enter the market;
- beware of 'implied' messages and suggested links between two independent pieces of information; and
- when addressing the authorities, check which authority is competent in light
 of the legal framework and contact the competent authorities only. Limit the
 requests to what is in the authority's power.

⁶² French Supreme Court, Decision No. 19-20.999, 1 June 2022, Sections 26-27.

Because authorities consider communication campaigns as a whole, it is important to review all types of support. Very often the difficulty lies with the number and diversity of documents and supporting material that may contain denigrating messages, such as:

- external communications, including press releases and letters to HCPs (such as dear doctor letters), which can be very sensitive;
- internal documents, particularly those used to train and prepare sales forces, such as Q&As, case studies, internal training materials⁶³ and oral messages expressed during training sessions;
- messages posted on social networks (e.g., Twitter communications were mentioned in *Roche Novartis*);⁶⁴
- comparative tables or documents,⁶⁵ including those for internal use and even those based on objective elements;
- 'good practices' documents;66
- warning messages in prescription software: pop-ups appearing when pharmacists deliver (these are not problematic by themselves, but care should be taken to avoid any confusion-inducing element);⁶⁷
- screen savers in prescription software for doctors;⁶⁸
- material used in e-training for pharmacists;⁶⁹
- material provided at events such as dinners during a conference;
- any material issued by, or with the assistance of, external providers, as the content would be more difficult to control; and
- internal messaging services or internal web applications.

⁶³ Janssen-Cilag, Section 238.

⁶⁴ FCA, Roche Novartis, Section 356.

⁶⁵ Janssen-Cilag, Section 168.

⁶⁶ id., Section 171.

⁶⁷ id., Section 152.

⁶⁸ id., Section 300.

⁶⁹ id., Section 311.

The life sciences industry – and the inherent tension between protecting innovation and a healthy competition space – continues to command attention from regulators. Edited by Ingrid Vandenborre and Caroline Janssens, the second edition of the *Guide to Life Sciences* provides practical and timely guidance for both practitioners and enforcers trying to navigate this high-stakes, fast-moving environment. The Guide draws on the wisdom and expertise of distinguished practitioners from around the globe to provide essential guidance on subjects as diverse as biosimilar competition and product denigration, as well as a forensic examination of the world's most significant and far-reaching regulations and decisions.